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## About Your ENT

### Acute Pharyngitis

#### Definition

Inflammation of Pharynx is known as Pharyngitis.

#### Predisposing Factors

Diet e.g. sour objects

Near by infection e.g. rhinitis, sinusitis etc.

Profession e.g. sedentary occupations, occupations demanding too much voice production e.g. singers.

Constitutional disorders e.g. malnutrition, diabetes, etc.

Climate e.g. cold

Infections, fevers e.g. measles, whooping cough, etc.

Trauma e.g. impaction of foreign bodies in pharynx & their removal etc.

Clinical Features A slight sense of irritation in throat. (Mild Cases)

Slight cough (Mild Cases)

Sense of sticking in the throat (Mild Cases)

Fever (Severe Cases)

Anorexia (Severe Cases)

Dysphagia (Severe Cases)

Voice may be hoarse (Severe Cases)