



About Your ENT

Nasal Polypus

Definition

A nasal polypus is an abnormal swelling of the mucous membrane of the nose and sinuses.

It is of two types

1) **Simple or Mucous Polypus**

According to aetiology, they are of the following types:

Allergic
Vasomotor
Inflammatory
Mixed

2) **Neoplastic Polypus They are divided in two groups:**

Benign
Malignant

Simple or Mucous Polypus

Aetiology Infection of the nose and sinuses. Nasal allergy.

Gravity

Other nasal defects e.g. DNS.

Heredity

Age (more common in adults)
Sex (more common in females)
Shape of the nose i.e. Narrow nose.

These polypi arise usually from the ethmoid cells, middle meatus and middle turbinal and then comes down to the cavity of the nose.

Symptoms Nasal obstruction

Nasal discharge
Anosmia
Headache
Speech defect
Miscellaneous i.e. broad nose, conductive deafness, etc.